



The Wheelbarrow

The Southern Appalachian Plant Society
www.saps.us July 2011

Woodland Natives at Warriors' Path

with Nina Hedrick and Joy Moore
Thursday, July 14th: Starting at 6:30 pm

At our July meeting, two enthusiastic, experienced Master Gardeners will lead an appreciation and identification tour of the native plants at Darryl's Dream Boundless Playground at Warrior's Path State Park in Kingsport. Meet at the picnic shelter by the playground to begin the tour and get better at identifying the natives of our region.

Since this is primarily a wooded area, many of the plants are spring blooming, but you will still enjoy seeing the form, foliage, and berries forming. Trees falls during a recent May storm didn't hurt many fine specimens of *ninebark*, *pawpaw*, *spicebush*, *hearts a bustin'*, *serviceberry*, *alternate leaf dogwood*, *foamflower*, *Allegheny spurge*, and *seersucker sedge*, just to name a few.

A slide presentation will follow (at nearby Duck Island Recreation Center building) with close-ups of the blooms and foliage of plants native to the Park and pointers on growing these local gems in your own garden.

Please note: this month's meeting comes earlier in the month and earlier in the evening than usual.

July Events:

Thursday the 7th: SAPS Herb Saplings Meeting at Exchange Place in Kingsport, 6:30 pm. **Annual Cooking With Herbs Meeting** and we're the chefs! Bring an appetizer, salad, or dessert with herb(s) as an ingredient to share. Also, please bring the recipe and/or a tip you've learned for using herbs.

Saturday-Sunday the 9th-10th: Bamboo Festival put on by the American Bamboo Society's SE Chapter at the North Carolina Arboretum in Asheville. Vehicle fee at entrance.

Monday the 11th: SAPS Board Meeting at the Netherland Inn, 6 pm.

Thursday the 14th: SAPS Meeting: "Woodland Natives at Warriors' Path State Park": with Master Gardeners (and SAPS board members) Joy Moore and Nina Hedrick: 6:30 pm.

Friday -Saturday the 15th-23rd: Kingsport's Fun Fest Including Hamlett-Dobson's Farm Fest on Sunday the 17th.

Saturday the 16th: Focus on Flowers Symposium: 'Going Green in the Garden' at the NC Arboretum in Asheville. Garden writer, lec-

turer, and photographer **Pam Beck** is keynote speaker. Her presentation is entitled "Change How You Garden" Presented with an eye towards common sense, sustainable gardens that are maintainable, water-wise, nature-friendly and food producing, and created with a holistic approach. For more info, see the website: www.ncarboretum.org

Monday the 18th: Perennial Plant Association Symposium, in Atlanta.

Friday-Sunday the 22nd-24th: NC Herb Association's Wild Herb Weekend at Valle Cruis Conference Center, Valle Cruis, NC. www.ncherbassociation.org

Saturday the 30th: Roan Xtreme Adventures, Youth Naturalist Rally at Roan Mountain State Park. Kids of all ages will enjoy an assortment of activities from geology walks and birds of prey to butterfly identification and stream ecology. Call 423.772.0190.

Saturday the 30th: Folklife Festival at Warrior's Path State Park: a day full of old-time music, games, tales, demonstrations, and contests. 423.239.6786.

Saturday the 30th: Mini-Conference on Native Plants in the Landscape. **Alan Armitage** will give the keynote address, part of the

greater Cullowhee Conference on Native Plants at Western NC University. Open to all: \$25 fee. Call 282.227.7397 or www.wcu.edu/5033.asp

August Events:

Saturday the 13th: SAPS Tomato Fest: 8-10 am at the Kingsport Farmers' Market. Contest entries accepted from 8-9 am. Dennis Marshall is returning as chairman. Volunteers needed, please call him at 423.288.3675.

Monday-Saturday the 22nd-27th: Appalachian Craft Fair at Davy Crockett Birthplace State Park in Gray. 423.257.2167

Friday-Saturday the 26th-27th: Speaking of Gardening Symposium at the NC Arboretum. Speakers include Irish gardener and author **Helen Dillion** and **Bill Thomas**, director and head gardener at Chanticleer.

September Events:

Thursday the 15th: SAPS Annual September in the Garden Lecture: "The Southern Living Plant Collection" with **Buddy Lee**, founder of the famous Encore Azalea. Invite a friend to this special meeting.

Hamlet-Dobson Farm Fest at Fun Fest

Bring visiting grandkids to this free Fun Fest event Sunday, July 17th from 2 until 5 pm at Exchange Place and introduce them to life on the farm.

Sponsored by Hamlett-Dobson Funeral Homes and Exchange Place, Farm Fest celebrates the many pleasures of country life. Step back into the 19th century and enjoy fresh summer treats like watermelon and corn on the cob. Join in activities from bygone days like sack races, hayrides, and cakewalks. Listen to music on traditional instruments, pet the farm animals, and try your hand at old time crafts like stenciling, tin punch, and carding wool. Small children will enjoy washing clothes on the washboard and jumping in the haystack. Why, it's like taking them to visit Laura Ingles Wilder!

A free shuttle bus will loop from Mountain View United Methodist Church on Orebank Road and Farm Fest from 1:45 until 5:30 to ease parking congestion and make transporting the kids easier. Farm Fest is a free event and no tickets are required. For more information, call 423.288.6071.

Volunteers are needed to help with plant and gardening related children's activities and teaching farm 'chores'. To join the volunteer crew, call Joy Moore at 423.348.6572 or email her at jnjmoore@embarqmail.com

Homegrown Tomato Fest VII

One more flip of the calendar pages and we'll be looking at our **Seventh Annual Tomato Fest** coming up Saturday, August 13th from 8 until 11 am at the new Kingsport Farmers' Market at the corner of Center and Clinchfield Streets.

Our celebration of the juicy red (yellow, orange, and purple) fruit includes tomato contests, free tomato tastings (including unusual heirloom varieties), free tomato refreshments, cooking demonstrations, tomato-growing advice, activities for kids, and fun for anyone who likes "maters".

Everyone's invited to enter the Best Salsa Contest and bring tomatoes to compete in the following categories: Best Tasting, Biggest, Prettiest, Ugliest, Most Bizarre, and Best Dressed. Admission is free and there are no entry fees. Entry forms may be downloaded from the SAPS website, www.saps.us, or picked up from the Downtown Kingsport Association (DKA) or Ward's Feed Store. Entries will be accepted from 8-9 am for all the contests and winners announced at 10 am.

To help slice tomatoes, man the salsa booth, coordinate children's activities, etc. call Dennis Marshall, Tomato Fest Chairman, at 423.288.3675 or dmarshall@chartertn.net Volunteer time counts for MG hours. Tomatoes shared from your garden will be gladly accepted for use with refreshments.

Thank you, Downtown Kingsport Association, for helping sponsor Tomato Fest VII!

The Wheelbarrow

548 Forestdale Road
Kingsport, TN 37660

Nonprofit
Organization
U.S. Postage Paid
Kingsport, TN
Zip Code 37664
Permit No. 41



SAPS is still looking for help in putting out our monthly newsletter.

The Wheelbarrow is laid out in Microsoft Publisher, taken or sent to Office Depot for copying, then labeled and mailed by two alternating volunteers. After mailing, a full-color copy is archived for reference on the SAPS website by our webmasters. Articles and event updates come from contributing members and internet searches; artwork from image searches on the web. We'd be happy to show you how we've done it and help you get started on your own version.

Please call 423.246.1004 if you would like to know more.